

Jared Huggins Race Report ~ 22 July 2016

Last Friday at Henry Hagg Lake outside of Portland, Oregon, while doing the Oregon Double Anvil 280 mile triathlon, I had an encounter with God.

I swam 5 miles, rode my bike 225 miles, and then ran 52 miles, it took me 37 hours and 30 minutes total.

Racing against the clock, racing against myself... against my mind, my body, and my emotions, I had times where I felt as though I transcended my physical reality and could feel my spirit breakthrough.

I love visions of the future. There were moments where I felt so grounded, I could feel God speaking to me about plans of my future, moments where I could see visions of the person that I could become. For several years I had laid in bed each night, imagining this race until it would almost become so real to me that I could reach out and touch it...so when that vision finally became real there was no separation between my imagination and reality.

Past mistakes no longer mattered anymore. I could see obstacles and challenges that for years had stood before me, crumbling at my feet. I could feel my spirit feasting and becoming stronger. I got to see and step into powerful positive visions. It was an amazing experience.

I'm not sure what made the race feel so special. Maybe it was the months of training in beautiful solitude mixed with the fresh mountain morning air. Maybe it was the amazing positive inspirational people I got to meet at Henry Hagg Lake. Maybe it was the breathtaking view of the moon dancing over the lake, as I flew down massive hills at high speeds on my bike in the middle of the night. Maybe it was the years of anticipation and mental battles of overcoming painful injuries...I don't know exactly what made the race feel so special, but I do know that it was one of the most life affirming experiences of my entire life.

There was plenty of physical pain and discomfort but that only made the experience more meaningful! 13,000 feet of elevation? What better opportunity to get to know myself and to build confidence! What better opportunity to practice dealing with difficulty and to prepare for future challenges? Pain is an old friend. How can I expect to reach my goals in life if I'm not willing to accept and fight through difficult situations?

Somehow even though my body was depleted, my spirit felt stronger and stronger as the race went on. My spirit never got tired, there is a part of me that is infinite and eternal.

What would our lives look like if we were relentless in pursuing our goals? If we were no longer scared of being different, or of being alone? What if the only fears we had were the fear of being mediocre and of never discovering our true abilities and potentials?

What if we channeled all the negativity, frustration and disappointment we experience, into a fire that burned deep within us, and used that as fuel to pursue greatness?

What if we told ourselves again and again, day after day, that we had something special within us, something positive, that we were destined to give birth to and unleash upon the world?

What if instead of making excuses, we made promises, promises to ourselves to surround ourselves with people who held us accountable? What if we surrounded ourselves with people who pushed us constantly to grow, and develop new qualities, in order to transform into a stronger, more confident, more powerful version of ourselves?

I am convinced that all living things have intrinsic value and that all humans have the potential for greatness within them. I am convinced that most of the obstacles that block our way are illusions.

Thank you very much to all my friends and family who helped me train and prepare for this event!!! Thank you [Scarlett Taylor](#) for coming out to be my crew!!! Thank you [Ashkan Ghashghai](#) for the bike!!! Thank you [Mitchell Mead](#) ! Thank you to the nice bike crew and everyone who helped me train [Andres Felipe De Ávila](#) and [Truman Kan](#) !! I got to share the course with Chet the Jet Blanton!!! Raw Vegan diet mixed with ultra triathlons and consistent prayer is a potent combo!!!