



Steve Kirby ~ Race Director  
 7204 Jessie Harbor Drive  
 Osprey, FL 34229  
 Phone (757) 373-4135  
 Email usaultratri@gmail.com  
 www.USAUltraTri.com

**AquaVelo**

Single 2.4 mile swim/112 mile bike  
 Double 4.8 mile swim/224 mile bike  
 Triple 7.2 mile swim/336 mile bike

October 12 or 13 - 16, 2022

Lake Anna State Park, Spotsylvania, VA

**Duathlon**

Single 112 mile bike/26.2 mile run  
 Double 224 mile bike/52.4 mile run  
 Triple 336 mile bike/78.6 mile run

October 12 or 13 - 16, 2022

Lake Anna State Park, Spotsylvania, VA



APPLICATION FORM FOR INDIVIDUAL CONTESTANT

Entry fee:	Single/Double/Triple
Postmarked by June 30th, 2022	\$300/700/900
Postmarked by July 30th, 2022	\$340/740/940
Postmarked by Aug 30th, 2022	\$380/780/980
Application Deadline: Aug 30th, 2022	

Photo

Please email a digital copy of a race related picture of you!  
 Make it a larger digital file.

This will be used on the website so make it a nice one of you

Please fill out both sides of this form and return with payment.

PLEASE TYPE OR PRINT LEGIBLY

U.S. check (Steve Kirby) or PayPal, Venmo, Zelle, Cash App, Revolut, Wise, Google/Samsung/Apple Pay: use usaultratri@gmail.com.

- Single    Double    Triple  
 Aquavelo    Duathlon

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ M  F  USAT # \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Country \_\_\_\_\_

Date of Birth (mm/dd/yy) \_\_\_\_\_ Age on Race Day \_\_\_\_\_ Email \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Emergency Contact/Relationship \_\_\_\_\_ Emergency Phone \_\_\_\_\_

T-Shirt Size S  M  L  XL  XXL  Long Sleeve Tech Shirt Size S  M  L  XL  XXL

For women: We get the T-shirt and the Long Sleeve Tech Shirt in a woman's cut, please mark your size appropriately.

YOU are responsible for providing your own support crew (Very Strongly Encouraged). Number of people in your support crew \_\_\_\_\_

# MEDICAL QUESTIONNAIRE

Triple & Double athletes also need to submit the Medical Clearance Statement signed by your Doctor.

YES  NO  Do you have any current or recurrent medical problems for which you are being seen by a doctor?

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YES  NO  Are you on any medication? If yes: \_\_\_\_\_

YES  NO  Are you allergic to any medication? If yes: \_\_\_\_\_

YES  NO  Are you hypersensitive to insect stings? \_\_\_\_\_

Comments: \_\_\_\_\_

## WAIVER & RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

IN CONSIDERATION of USA Triathlon ("USAT") allowing me to participate in the Virginia Triple, Double or Single Aquavelo / Duathlon (the Event), as either a member of USAT or through the issuance of a single event license or permit; I, for myself, and on behalf of my spouse, children, parents, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby represent that (i) I am in good health and in proper physical condition to participate in the Virginia Triple, Double or Single Aquavelo / Duathlon; and (ii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event.
- I understand and acknowledge the physical and mental rigors associated with triathlon, duathlon, or other multi-sport events, and realize that running, bicycling, swimming and other portions of such Events are inherently dangerous and represent an extreme test of a person's physical and mental limits. I understand that participation involves risks and dangers which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; accidents, contact or collision with other participants, spectators, vehicles or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course conditions; water, road and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined risks and dangers which may not be readily foreseeable or are presently unknown ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the acts, inaction or negligence of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in the Event.
- I agree to be familiar with and to abide by the Rules and Regulations established for the Virginia Triple, Double or Single Aquavelo / Duathlon, including but not limited to the Competitive Rules adopted by USAT and the Guide to Prohibited Substances and Prohibited Methods of Doping adopted by the United States Anti-Doping Agency. I understand and agree that the [ITU] Anti-Doping Rules and U.S. Anti-Doping Agency Protocol for Olympic and Paralympic Movement Testing (USADA Protocol) and all other policies and rules adopted by the [ITU], USADA, and the USOC apply to me and that it is my responsibility to comply with those rules. I agree to submit to drug testing at any time and understand that the use of methods or substances prohibited by the applicable anti-doping rules would make me subject to penalties including, but not limited to, disqualification and suspension. If it is determined that I may have committed a doping violation, I agree to submit to the results management authority and processes of USADA, including arbitration under the USADA Protocol, or to the results management authority of the [ITU] and/or my national federation, if applicable or referred by USADA. I also accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.
- I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USAT, the Event Owners, Organizers and Promoters, Race Directors, Sponsors, Advertisers, Host Cities, United States Olympic Committee (USOC), Local Organizing Committees, Venues and Property Owners upon which the Event takes place, Law Enforcement Agencies and other Public Entities providing support for the Event, and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers ((Individually and Collectively, the "Released Parties" or "Event Organizers"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) of any kind or nature ("Liability") which may arise out of, result from, or relate to my participation in the Event, including claims for Liability caused in whole or in part by the negligence of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liability which any may be incurred as the result of such claim.
- I grant permission for the use of my name and or likeness related to my participation in the Virginia Triple, Double or Single Aquavelo / Duathlon conducted by Steve Kirby. I also grant the use of my voice and any and all recorded and or filmed/ video/ photographed footage of me, and further waive all rights to any compensation, as a result of my name or likeness being used in any way.
- Steve Kirby, USAUltraTri LLC, and the Virginia Triple, Double or Single Aquavelo / Duathlon does not accept responsibility for refunds for cancellations in the event of natural or national emergencies. Natural emergencies may include, but are not limited to severe weather including heavy rain, snow, tornados, hurricanes, river flooding, heat spells and cold spells. National or international emergencies may include, but are not limited to military conflicts, terrorist attacks, security threats, war, & heightened security alerts.

I hereby warrant that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of the minor, my spouse, children, parents, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement freely and voluntarily, without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

## BE SURE TO INCLUDE PAYMENT WHEN YOU RETURN YOUR APPLICATION

\_\_\_\_\_  
SIGNATURE OF PARTICIPANT

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PRINTED NAME OF PARTICIPANT